

How to use this map

The purpose of this map is to help you plan your route according to your own cycling ability. Traffic-free paths and pavements are shown in dark green. Roads are graded from 'quieter/easier' to 'busier/more difficult' along a green, to yellow, to orange, to pink, to red spectrum. If you are a beginner, you might want to plan your journey along mainly green and yellow roads. With confidence and increasing experience, you should be able to tackle the orange roads, and then the busier pink red and darker red roads.

Our area is pretty hilly and, within the Stroud District boundaries, we have used height shading to show the lie of the land. We have also used arrows > and >> (pointing downhill) to mark hills that cyclists are going to find fairly steep and very steep.

We hope you will be able to use the map to plan cycling routes from your home to school, college and workplace. We also hope that you will be able to see that it is possible to use your bike for other short journeys - to the shops, to the village hall, to the leisure centre, and so on. We have also given a list of places of interest that are within cycling distance of

Key

Cycleability gradations, in increasing difficulty



Designated traffic-free cycle paths; off road, shared-use pavements, canal towpath, paths and lanes marked on the actual road surface are not shown; the road grading takes account of the existence and quality of a cycle lane

Canal towpath, usually good surface
Canal towpath, variable surface
Useful paths, may be poorly surfaced

Motorway
Pedestrian street
One-way street
Hill arrows - arrow points downhill

Very steep (more than 6%)
Level crossing

Train station
Bus station
School

Hospital
Toilet

Bike shops (lettered)
Cafés (numbered)
Places of interest (lettered)

Leisure centre

Place of worship

Cycle parking

Pub

Library

Farmers' market

Post office

Tourist Information Centre

National Cycle Network routes

Steps - with a ramp for wheeling bikes

Towns

Amberley

Villages

Villages with Post Offices / local stores

The representation of a track or path is no evidence of a public right of way.

Users of these routes do so at their risk.

© Crown copyright and database rights 2015. Ordnance Survey 100019682.



Riding the pink roads: a reflective jacket can help you to be seen in traffic

Rural Cafés (town cafés overleaf)

Berkeley
29 Perfect Blend Coffee and Craft Shop, 1 High Street
T: 01453 810088

Falfield
40 Eastwood Nurseries, Eastwood Park
T: 01454 260288

Frampton on Severn
4 Ley Bistro, The Green
T: 01452 740077

42 Stables Cafe, Sandfield Bridge, Canal Bank,
Saul Junction T: 01452 741965

Haresfield
3 Wyevale Garden Centre, Bath Road
T: 01452 721081

Painswick
2 Painswick Rococo Garden, Gloucester Street
T: 01452 813204

1 Prinknash Abbey Park, Cranham

T: 01452 812727

Slimbridge
22 Slimbridge Boat Station café, Patch Bridge
T: 01453 899273

21 Wildfowl and Wetlands Trust café

(phone to request entry fee be waived for using
café only)

T: 01453 891900

Stroud outskirts

19 Lavender House, 20 London Road, Chalford

T: 01453 889239

20 The Kitchen, 7 High Street, Minchinhampton

T: 01452 882655

18 Winstones Ice Cream Ltd, Greenacres, Bownham

(enjoy an ice cream direct from the factory!)

T: 01453 873270

Tetbury

37 Edges Olde Tea Shoppe, 25a Church Street

T: 01666 505660

38 Lyndsey's, 19 Church Street

T: 01666 503696

39 Veloton Cycles & Coffee, 22 Market Place

T: 01666 504343

Whitminster

5 Highfield Garden World, Bristol Road

T: 01452 741444

Wickwar

41 Wickwar Tea Rooms, 43 High Street

T: 01454 294899

Places of interest

Berkeley Castle
www.berkeley-castle.com T: 01453 810303

Bisley Wells Bisley

Cattle Country Adventure Park Berkeley Heath Farm, Berkeley www.cattlecountry.co.uk T: 01453 810510

Coaley Peak picnic area (views and long barrow)

Edward Jenner Museum The Chantry, Church Lane, Berkeley www.jennermuseum.com T: 01453 810631

Hetty Pegler's Tump (roofed Neolithic long barrow with crag-in access)

Museum in the Park Mansion House, Stratford Park, Stroud www.museuminthepark.org.uk T: 01453 763394

National Arboretum Westonbirt, Tetbury

www.forestry.gov.uk/westonbirt T: 01666 880220

Ownwell Manor (house and gardens) www.ownwell.com T: 01453 860261

Painswick Rococo Garden

www.roccogarden.org.uk T: 01452 813204

Prinknash Abbey Park (Bird and Deer Park)

www.thebirdpark.com T: 01452 812727

Ruskin Mill, Horsley Road, Nailsworth (lake-side walk, exhibitions, café) T: 01453 837500

Saul Junction (meeting of the Stroudwater and Gloucester Sharpness canals) www.cotswooldcanals.com

Selsley Church (William Morris stained glass)

St Augustine's Farm High Street, Arlington (working dairy farm) T: 01452 740277

Wildfowl and Wetlands Trust Slimbridge

www.wwt.org.uk T: 01453 891900

The Severn Bore view from Stonebench or Weir Green. Around 50 visible bores (1 - 5 star) occur each year after new or full moon, the biggest in Spring and Autumn. www.environment-agency.gov.uk and leaflet at TICs

Severn Trow Hulks, Purton Graveyard for old barges along the banks of the River Severn.

Tortworth Chestnut (tree dating from the 1200s)

William Tyndale Monument North Nibley

Woodchester Mansion (incomplete 19th C mansion with access inside on open days. Enter park from west, not east) www.woodchestermansion.org.uk T: 01453 861541

Woodchester Park Nympsfield (National Trust parkland and lakes)

North Woodchester Churchyard (buried Roman Orpheus mosaic, last revealed in 1973).



Why cycle?

Someone who cycles regularly becomes fitter and suffers less from ill-health. The more you cycle, the fitter you become. Also, as more people cycle, the easier and safer the roads are to cycle on. And leaving the car at home and cycling for short journeys is a good way of reducing pollution and the effects of climate change.

Cycling is one of the most efficient forms of transport: a person pedalling a bike uses energy more efficiently than a gazelle or an eagle. And on a bicycle, you can go three or four times faster than a pedestrian, but use four times less energy in the process. Indeed, some disabled and elderly people who find difficulty in walking even a short distance can go several miles on a bike.

Involvement in local activities depends on being able to attend: public transport in our towns and villages may be unreliable or non-existent, but a bicycle can give freedom and autonomy at a low cost. And, as our list shows, there are lots of interesting places within cycling distance of home. For longer journeys, a bicycle and public transport enable you to get anywhere.

STROUD DISTRICT CYCLING MAP



For Purpose and Pleasure



2nd edition £2.50

ACKNOWLEDGEMENTS

First edition funded with contributions by:
Stroud District Council, Gloucestershire County Council, Gloucestershire Rural Transport Partnership, Gloucestershire NHS Primary Care Trust, Dursley Town Council, Nailsworth Town Council, Stonehouse Town Council, Stroud Town Council, Minchinhampton Town Council, Hardwicke Parish Council, Kings Stanley Parish Council, Miserden Parish Council, Parrock Parish Council.

Second edition funded by:

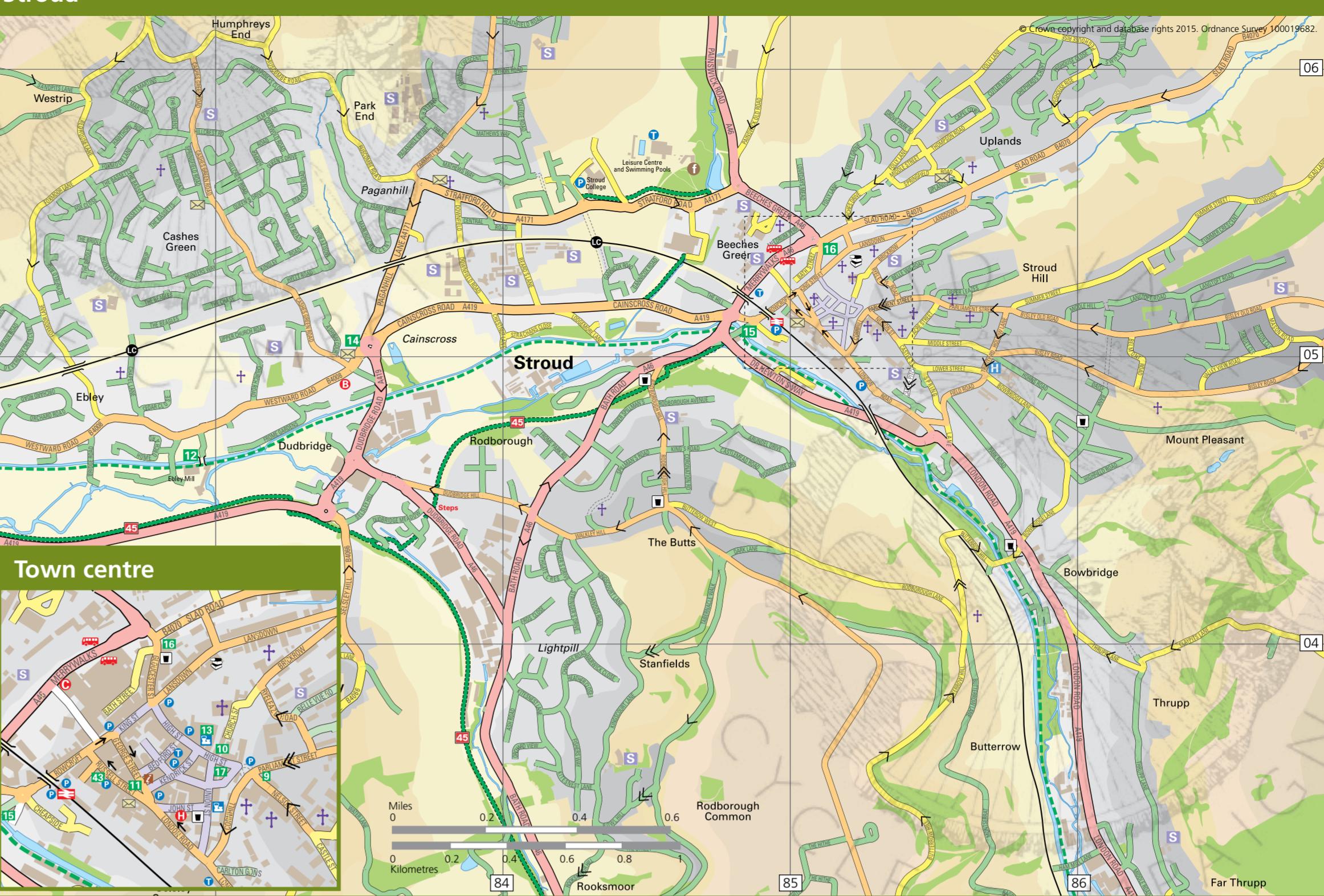
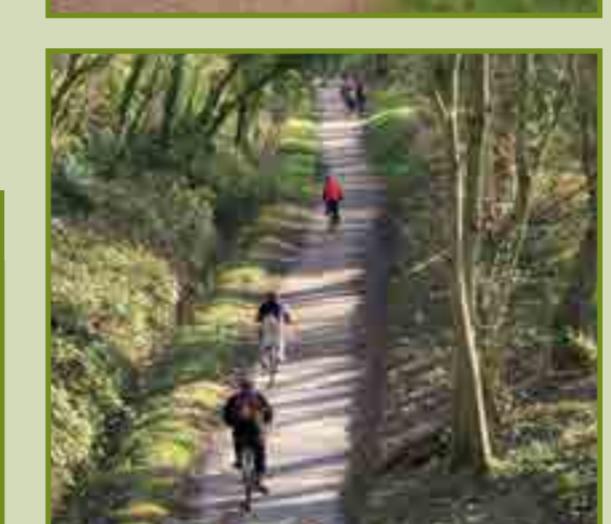
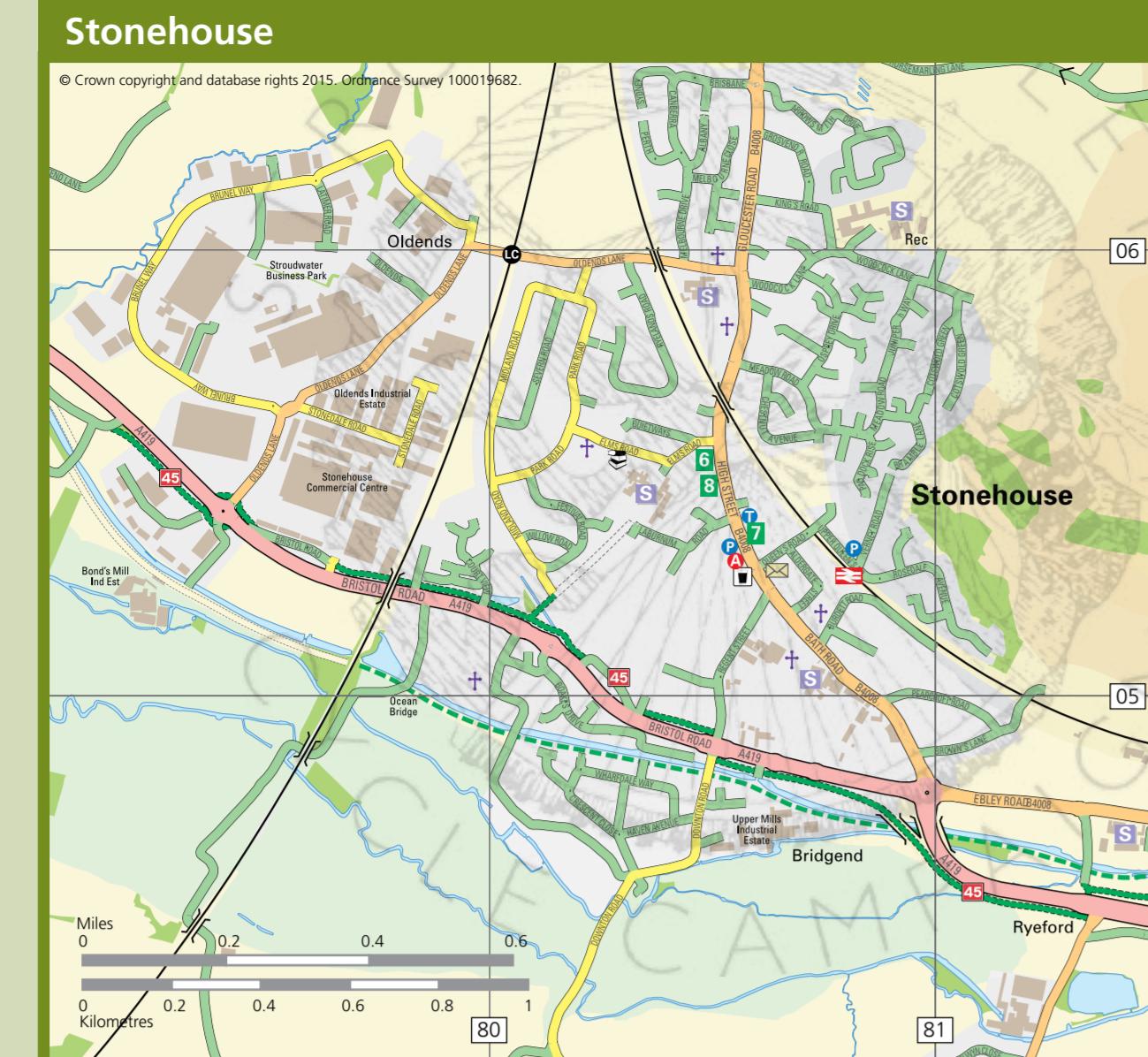


thinktravel is a programme for Transport (DTI) funded initiative that gives you information about sustainable travel options such as walking, cycling, using the bus and train, and car sharing in Gloucestershire. You can also follow Thinktravel on Twitter @thinktravelglos.

Stroud Valleys Cycle Campaign would like to thank:
• TamzinLynn Photography, 01453 76029, www.tamzinlynn.co.uk
• The first edition working party members: Dominic Sheaf, Jeff, Cleo, Nicholas Stanton, Sheila, Tony Partridge, and to the army of volunteers who rode the roads for us.
• Dominic Sheaf, Nigel Stanton, Nicholas James, Carol Kambites and Tony Partridge, who made the modifications for the second edition.

We would also especially like to acknowledge the work of Sheila Booth, who was a staunch campaigner for cycling in the Stroud Valleys over the past 20 years.

Stroud Valleys Cycle Campaign
1st edition 2007, 2nd edition 2015



Tourist information centres

Main offices

Stroud, Sub Rooms, George Street T: 01453 760960
Nailsworth, Old Market T: 01453 839222
Tetbury, 33 Church Street T: 01666 503552

and also

Wotton-under-Edge, Heritage Centre, The Chipping T: 01453 521451
Dursley, Library, May Lane T: 01453 543059

Useful contacts

Cycle training

Gloucestershire County Council Road Safety Team offers Bikeability cycle training through schools. T: 01452 425662 roadsafety@gloucestershire.gov.uk

Bikeability

cycling proficiency for the 21st century. www.bikeability.org.uk

Cyclecraft

by John Franklin ISBN 0 11 702051 6

A book of skilled cycling techniques for adults.

Cycle-Aid (cycle accident solicitors)

T: 0800 387815 enquiries@cycle-aid.co.uk

Free Help Line giving advice and support to all cyclists, with legal help following accidents.

Environmental Transport Association

(cycle insurance and breakdown cover) 68 High Street, Weybridge KT13 8RS T: 0333 0001234 www.eta.co.uk

Offers cycle rescue, repair, and puncture cover for UK and Europe, if more than one mile from home. Takes cycle and cyclist to station or repair shop.

Hotlines

Potholes: Gloucestershire County Council T: 01453 514514, www.gloucestershire.gov.uk/potholes

Potholes meeting minimum criteria will be repaired within one working day

Glass, litter on cycle paths, roads, pavements:

Stroud District Council T: 01453 754424

The CTC has a website to report potholes in roads:

www.fillthathole.org.uk. Type in details and mark location, and CTC forwards details to the relevant local authority for action.



Town Cafés (rural cafés overleaf)

Cam	28 Wyvale Garden Centre Restaurant, Avening Road T: 01453 834624
Stonehouse	29 Berry Blue Bistro, 5 Noel Lee Way T: 01453 547595
Dursley	30 Courtyard Café, 42 Parsonage Street T: 01453 544246
Stroud town	31 Hummingbird Café, 43 Parsonage Street T: 01453 299276
Nailsworth	32 Green Spirit, Market Street T: 01453 835735
	33 Hobbs House Bakery, 4 George Street T: 01453 839396
	34 Costa Coffee, 52-53 High Street T: 01453 762831
	35 Fifteen, 15 George Street T: 01453 751117
	36 Ruskin Mill café, Horsley Road T: 01453 837527
	37 The Coffee Pot, 8 Old Market T: 01453 836100
	38 The Olive Tree, 28 George Street T: 01453 834802
	39 The Ark, 43 Long Street T: 01453 521838
	40 The Bay Tree, 50 High Street T: 01453 822288
	41 Wynne's, 20 High Street T: 07527 686304
	42 Wyndham's, 21-23 Russell Street T: 01453 764509
	43 Edge Coffee Shop, 44 Long Street T: 01453 844108
	44 Singing Teapot, 47 Long Street T: 07889 865079
	45 Kitsch Coffee Bar, Ebley Wharf, Ebley T: 01453 847424
	46 Woodruffs Organic Café, 24 High Street T: 01453 759195
	47 Bunters Sandwich Company, 6 Bear Street T: 01453 845557
	48 Costa Coffee, 52-53 High Street T: 01453 837500
	49 The Severn Bore view from Stonebench or Weir Green. Around 50 visible bores (1 - 5 star) occur each year after new or full moons, the biggest in Spring and Autumn. www.environment-agency.gov.uk and leaflet at TICs
	50 The Severn Trow Hulks, Purton Graveyard for old barges along the banks of the River Severn.
	51 Tortworth Chestnut (tree dating from the 1200s)
	52 William Tyndale Monument North Nibley
	53 Woodchester Mansion (incomplete 19th C mansion with access inside on open days. Enter park from west, not east) www.woodchestermansions.org.uk T: 01453 861541
	54 Woodchester Park Nymphaeum (National Trust parkland and lakes)
	55 North Woodchester Churchyard (buried Roman Orpheus mosaic, last revealed in 1973).

Places of interest

• Berkeley Castle www.berkeley-castle.com T: 01453 810303	• Owlpen Manor (house and gardens) www.owlpen.com T: 01453 860261
• Bisley Wells Bisley	• Painswick Rococo Garden www.rococogarden.org.uk T: 01452 813204
• Cattle Country Adventure Park Berkeley Heath Farm, Berkeley www.cattlecountry.co.uk	• Prinknash Abbey (Park and Deer Park) www.thebirdpark.com T: 01452 812727
• Coaley Peak picnic area (views and long barrow)	• Ruskin Mill , Horsley Road, Nailsworth (lake-side walk, exhibitions, cafe) T: 01453 810510
• Edward Jenner Museum The Chantry, Church Lane, Berkeley www.jennermuseum.com T: 01453 810631	• Sau Junction (meeting of the Stroudwater and Gloucester Sharpness canals) www.cotswidcanals.com
• Hetty Pegler's Tump (roofed Neolithic long barrow with crawl-in access)	• Selsley Church (William Morris school stained glass)
• Museum in the Park Mansion House, Stratford Park, Stroud www.museuminthepark.org.uk T: 01453 763394	• St Augustine's Farm High Street, Arlington (working dairy farm) T: 01452 740277
• National Arboretum Westonbirt, Tetsworth T: 01666 880220	• Wildfowl and Wetlands Trust Slimbridge www.wwt.org.uk T: 01453 891900



• The Severn Bore view from Stonebench or Weir Green. Around 50 visible bores (1 - 5 star) occur each year after new or full moons, the biggest in Spring and Autumn. www.environment-agency.gov.uk and leaflet at TICs
• Severn Trow Hulks , Purton Graveyard for old barges along the banks of the River Severn.
• Tortworth Chestnut (tree dating from the 1200s)
• William Tyndale Monument North Nibley
• Woodchester Mansion (incomplete 19th C mansion with access inside on open days. Enter park from west, not east) www.woodchestermansions.org.uk T: 01453 861541
• Woodchester Park Nymphaeum (National Trust parkland and lakes)
• North Woodchester Churchyard (buried Roman Orpheus mosaic, last revealed in 1973).

