



Hempsted Locality Map and Guide



Introduction

Thinktravel provides you with information about sustainable travel choices in your local area.

Making a few simple changes to your travel patterns can help create a more sustainable community for all; economically, socially and environmentally.

The Thinktravel website allows you to view cycle and walking routes in Gloucestershire, the latest bus routes and plenty of useful tips on how you can save money through making small changes on your journeys around where you live.

The website will also keep you up to date on sustainable travel news in Gloucestershire and also provides information on community events that may be coming to your local area.

For more information about Thinktravel,
please contact:

e: enquiries@thinktravel.info

i: www.thinktravel.info

Project sponsored by



Department
for Transport



Making the Most Out of Your Local Neighbourhood.

This map has been produced as part of the Thinktravel programme. The programme aims to help people make more sustainable travel journeys especially for short local trips.

To get the most out of your community, this map provides an overview of amenities that are easily accessible and close to your home or workplace. It can be used to highlight destinations in your local area, their proximity via sustainable travel routes and provide the information to better plan your journeys in the area to save you time and money.

This map includes the villages of Hempsted and Monk Meadow.

There is a comprehensive and frequent public transport network linking the locality map area to the centre of Gloucester. To find out more information please go to the Thinktravel website to view the latest bus route maps.

www.thinktravel.info/public-transport

Useful Contacts

Gloucestershire County Council Transport
www.goucestershire.gov.uk/transport

Gloucestershire Car Share
08700 111 119
www.carsharegloucestershire.com

Gloucester City Council Shopmobility
01452 302 871

Cheltenham Borough Council Shopmobility
01242 255 333

Road Safety Gloucestershire
www.roadsafety-gloucestershire.org.uk

Lift Training
01242 527 631
www.liftproject.co.uk

National Rail
www.nationalrail.co.uk

First Great Western
www.firstgreatwestern.co.uk

Stagecoach Gloucester Area
www.stagecoachbus.com/gloucester

National Traveline
www.traveline.info

Transport Direct
www.transportdirect.info

Dial-A-Ride
01452 502 100
www.glosdar.plus.com

Key Shops and Services

Hempsted

Georges Gym

a: Gordon League Sports Ground, Hempsted Lane, Hempsted, Gloucester, GL2 6JN
t: 01452 305 500
e: gefit@georgesgym.com

Opening Hours

Monday to Thursday 10:00 – 21:00
Friday 10:00 – 20:00
Saturday & Sunday 10:00 – 13:00

Barn Owl Centre

a: Netheridge Farm, Hempsted, Gloucester, GL2 5LE
t: 01452 383 999
i: www.barnowl.co.uk

Open to the public on Saturdays

Hempsted Post Office

a: Hempsted Lane, Gloucester, GL2 5JU
t: 01452 304 660

Opening Hours

Monday to Friday 09:00 – 17:30
Saturday 09:00 – 12:30

Monk's Corner Sandwich Shop

a: Hempsted Lane, Gloucester, GL2 5JN
t: 01452 411 414

Opening Hours

Monday to Friday 06:00 – 15:00

Places of local interest

Hempsted is located near to a range of attractions, from the Barn Owl Centre to shopping at The Docks. However, unknown to many, Hempsted is also home to an original Brunel bridge located near the Hempsted bypass.

Community facilities

In the centre of Hempsted, very near to the Post Office lies the Village Hall. It offers a great event space for anyone in the community to access and holds a number of local community events.



Hempsted also offers a number of clubs for people of all ages to join:

- Playgroup and Toddlers
- Little Treasures Baby & Toddler Group
- Hempsted Brownies
- Youth Club
- Women's Institute

For further information on any of these groups and for the latest contact details please visit; [i: www.hempsted.info/ourservices](http://www.hempsted.info/ourservices)

The village is also supported by the local Primary School:

Hempsted C of E Primary School

a: Hempsted C of E Primary School, St Swithuns Road, Hempsted, GL2 5LH
t: 01452 523 567
i: www.hempsted.glos.sch.uk

Lysons Hall, Hempsted

a: St Swithuns Church, St Swithuns Road, Hempsted, GL2 5LH
t: 01452 501 881

Another great day out for the family is the Barn Owl Centre, an organisation that supports Education, Wildlife Conservation & Bird Welfare. The centre is easily accessible via walking, cycling or public transport. Following the 41 & 45 routes South for walking and cycling or catch the 113 bus from Hempsted Lane. Open to the public on Saturdays - 11:00 – 17:00.

Access for All

Thinktravel has produced a series of easy, accessible walks to help people of all abilities to access their local area and amenities. Visit the Thinktravel website for maps of these routes and additional information on walking in the county.

Most services already have low floor easy access buses. This is likely to be available on all services soon. There is also a range of Community Transport, Dial-A-Ride and Voluntary Car Schemes available in Gloucestershire to meet local needs.

Do you feel unsure or need help and confidence building to use buses so that you can access services, education, training or employment? Gloucestershire encourages independent travel training through bespoke projects and organisations who specialise in providing support to disabled, disadvantaged, vulnerable young adults and older people.

To find out more about these projects and services visit <http://www.thinktravel.info/my-community>.

Cheltenham and Gloucester also provide Shopmobility services in the town and city centres for those that have limited mobility.

The service is available from

Monday to Saturday 09:30 – 17:00

For more information visit our Thinktravel website to find the link to Shopmobility or call:

Gloucester – 01452 302 871
Cheltenham – 01242 255 333

Be sure to book in advance to avoid disappointment

Walking and Cycling

Why not try walking or cycling for work and leisure trips?

Hempsted benefits from close links to the town centre, making easy access for residents walking and cycling to work or to the shops. There are a number of traffic free cycle routes and walking paths to use that can take you into town.

National Cycle Network Routes 41 & 45 are easy to get to from both Hempsted and Monk Meadows. There are also a number of circular walks shown in the inset map for all abilities

You may be surprised how much exercise you could get just by walking or cycling to your local shops or to work.

Cycling is one of the cheapest ways of getting around. You can cover more than 2 miles in 15 minutes. It's also a great way to keep fit and healthy. Did you know that cycling for 20 minutes a day at 10mph burns 90 calories?

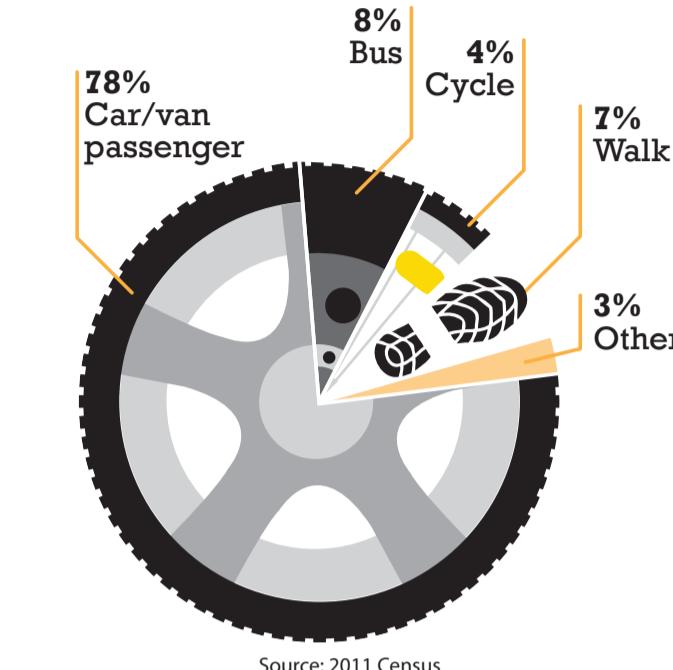
You can plan your cycle route on the Thinktravel website, using the new downloadable Gloucester Cycle Map and compare the cost of cycling to other modes of transport using the Thinktravel My Journey Calculator.

With the Cotswolds right on your doorstep there are plenty of great cycling and walking routes to try. The new Cotswold Discover Ticket lets you combine walking with public transport. So you can use the bus or train to take you so far, and then walk or cycle the rest of the way.

Did you know?

How people within the local area travel to work

78%



of people on average within the local area travel to work by car/van as either a driver or passenger

Source: 2011 Census



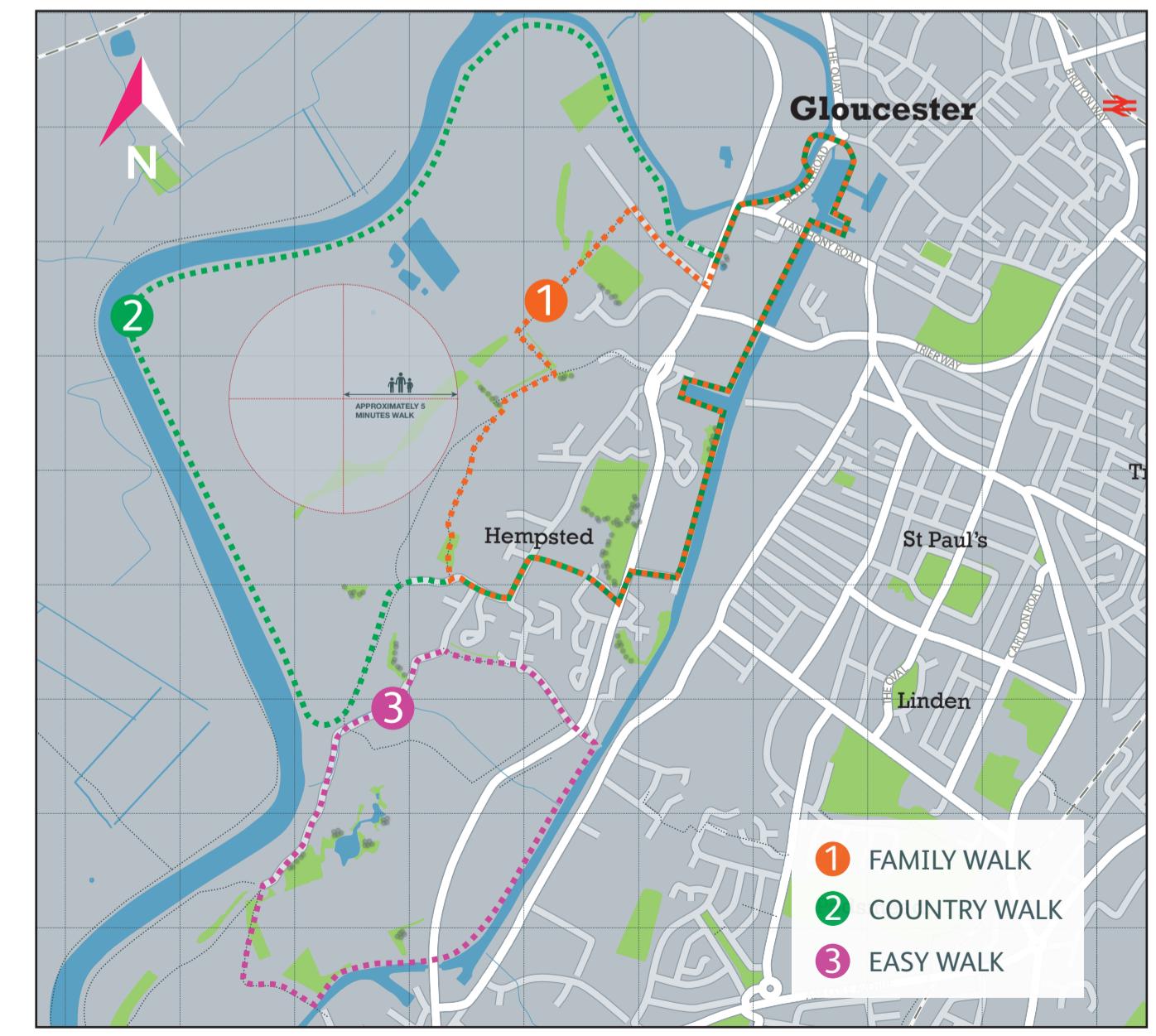
Average number of cars per household.
1.3

Source: 2011 Census

65% of people on average within the local area work within 5km of where they live

Source: 2001 Census

Local Walks Around Hempsted



All of the information provided on this map was correct at the time of publication (December 2016)