Useful Contacts

Gloucestershire County Council Transport
www.gloucestershire.gov.uk/transport
Gloucestershire Car Share
www.carcharge.glos.gov.uk

Cartography by Steer Davies Gleave 2013

Bamfurlong Lane
A40

Cinema
Theatre
Leisure
Universities & colleges

Cheltenham Station
Park and Ride
Cycle parking
Shared use footway

Town Centre
Avenue
North Road East
Crescent
Gardens
Galileo
SPRINGBANK ROAD
Close
Grove
Hatherley Lane
Rushworth Road
Hubble Road
West Kingscote Road
Stanway Road
Kingscote
MARSLAND ROAD

Banyard
reduce carbon emissions as well
these changes can cut congestion,

Introduction
This map has been produced as part of the Thinktravel programme. The programme aims to help people make greener travel choices especially for short trips. Making these changes can cut congestion, help support the local economy, reduce carbon emissions as well as improve people’s health.

For more information about thinktravel, please contact:
c: enquiries@thinktravel.info
w: http://www.thinktravel.info/

Walking
Try walking for work or leisure
You may be surprised how much exercise you could get just by walking to your local shops from where you live or taking the bike to work.

Why not try using one of our recommended routes?

1 mile, 20 minutes, 85 calories
1 mile, 20 minutes, 85 calories
1.5 miles, 30 minutes, 170 calories
2.2 miles, 43 minutes, 187 calories
2.2 miles, 43 minutes, 187 calories

All calculations assume 3mph walking speed, for a body weight of 160 pounds (73 kilos).

Cycling

Yours to download and print

UP TO 1 MILE CYCLING FROM TOWN CENTRE

St Pauls – 0.6 miles
Fairview – 0.6 miles
Pittville – 0.6 miles
Tred – 1.0 miles

UP TO 2 MILES
Bottledown – 1.3 miles
Cheltenham Station – 1.5 miles
Leckhampton – 1.9 miles
Warden Hill – 2.0 miles
Presbury – 3.0 miles

UP TO 3 MILES
Cheltenham Kings – 2.2 miles
Swinford Village – 2.3 miles
Brettal – 2.6 miles
Up Hatherley – 2.6 miles
Hester’s Way – 2.6 miles
Fiddler’s Green – 2.7 miles
Springbank – 2.8 miles
Shurdington – 3.0 miles

UP TO 4 MILES
The Reddings – 3.2 miles
Bishop’s Creeve – 3.5 miles

UP TO 5 MILES
Staverton – 4.1 miles

How long to cycle a mile?
at speed 3 minutes
at moderate pace 5 minutes
10 minutes

Bus travel
Your area has bus connections to a number of local destinations. The most frequent routes in Cheltenham are listed here.

Destinations & services start/finish
Cheltenham town centre

Your bus journey every 30 minutes or more only.
* Changes expected on routes 9 & 18 - see www.cheltenhambus.info

For more information go to www.thinktravel.info or www.sustrans.org.uk

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